



# AMLA MASSAGE & SPA

RELAX, REFRESH & RESTORE

## CLASSIC EVERYDAY MASSAGE

### TRADITIONAL THAI MASSAGE

A full-body massage (without oil) that eases stress and relieves muscle and joint soreness by focusing on the body's main pressure points.

60 minutes

**฿ 550**

90 minutes

**฿ 800**

120 minutes

**฿ 1,050**

### AROMATHERAPY OIL MASSAGE

A full-body massage using aromatic oils designed for relaxation, enhancing circulation and soothing the mind. Thai or Swedish styles available.

60 minutes

**฿ 550**

90 minutes

**฿ 800**

120 minutes

**฿ 1,050**

### FEET AND LEGS MASSAGE

Using special oils to stimulate the parasympathetic nervous system, which has a beneficial effect on most parts of the body. With foot scrub + ฿ 350.

60 minutes

**฿ 550**

90 minutes

**฿ 800**

120 minutes

**฿ 1,050**

### NECK, SHOULDERS & BACK MASSAGE

Relax on our upright massage chair to enjoy a soft or firm hands/elbow massage, relieving stress throughout your spine and upper torso.

60 minutes

**฿ 600**

90 minutes

**฿ 850**

### AROMATHERAPY SPORT MASSAGE

A firm and energising full-body oil massage using stronger deep-tissue techniques. Relieves strained muscles and improves circulation.

60 minutes

**฿ 700**

90 minutes

**฿ 1,000**

120 minutes

**฿ 1,300**



#### LAGUNA

Call 062 974 4191

WhatsApp 062 097 4325



#### LAYAN

Call 082 438 4298

WhatsApp 082 438 9962

Call-out massage service in-home or hotel + ฿100.

CALL OR TEXT US FOR



YOUR FREE SHUTTLE